



Mint & Lime Melon Sticks

30
minutes
or less

GF
option

V
option

INGREDIENTS

½ cup Hy-Vee plain nonfat Greek yogurt
2 tbsp fresh lime zest
4 tsp Hy-Vee agave nectar
1 small watermelon
1 cantaloupe
1 honeydew melon
¼ tsp Hy-Vee ground cinnamon
fresh mint leaves, for garnish

PREPARATION

- 1 Combine ½ cup Hy-Vee plain nonfat Greek yogurt, 2 Tbsp. fresh lime zest and 4 tsp. Hy-Vee agave nectar in a small bowl. Cover and chill until serving time.
- 2 Cut 1 small watermelon, 1 cantaloupe and 1 honeydew melon into sticks.
- 3 Sprinkle sticks with 1 Tbsp. fresh lime zest and ¼ tsp. Hy-Vee ground cinnamon. Garnish with fresh mint leaves.
- 4 Serve with yogurt mixture for dipping.