



# Red Velvet Milkshake

**10**  
minutes  
or less

## INGREDIENTS

2 (1- $\frac{1}{4}$ -oz. each) Hy-Vee Bakery mini red velvet cupcakes  
1 cup It's Your Churn vanilla ice cream  
 $\frac{1}{2}$  cup Hy-Vee 2% reduced-fat milk  
Hy-Vee frozen whipped topping, thawed, for garnish

## PREPARATION

- 1** Remove paper and chocolate garnishes from mini red velvet cupcakes; set chocolate garnishes aside.
- 2** Combine ice cream, cupcakes, and milk in a blender. Cover and blend until smooth. Pour mixture into a 14-oz. glass.
- 3** Top with thawed whipped topping. Garnish with additional red velvet cupcake crumbles and reserved cupcake garnishes.

## NUTRITION FACTS

Calories: 570  
Total Fat: 28g  
Saturated Fat: 15g  
Cholesterol: 110mg

Sodium: 470mg  
Carbohydrates: 75g  
Sugar: 60g  
Protein: 9g