



Smoked Pit Beans

INGREDIENTS

½ lb Hy-Vee hickory bacon
48 oz Hy-Vee Market Grille
baked beans
2 tbsp Big Moe Cason pork
rub

PREPARATION

- 1** Cook bacon over low heat, turning frequently, to desired crispness in a medium nonstick pan. Remove bacon from pan, drain on paper towels, and roughly chop.
- 2** Add baked beans and pork rub into a medium saucepan. Heat over medium heat for 6 to 8 minutes or until hot, stirring frequently. Stir in bacon.

NUTRITION FACTS

Calories: 230
Total Fat: 11g
Saturated Fat: 4.5g
Cholesterol: 20mg

Sodium: 1150mg
Carbohydrates: 28g
Fiber: 16g
Sugar: 16g
Protein: 7g