



Seven-Layer Dip Tacos

20
minutes
or less

INGREDIENTS

4 Hy-Vee hard taco shells
½ cup Hy-Vee canned traditional refried beans
½ cup Hy-Vee homestyle guacamole
½ cup Hy-Vee sour cream
¼ cup Hy-Vee finely shredded Mexican cheese
Fresh tomato, chopped, for serving
Hy-Vee sliced black olives, for serving
Green onions, sliced, for serving

PREPARATION

1 Place taco shells on a serving platter. Spoon refried beans in the bottom of shells. Top with guacamole, sour cream, and Mexican cheese. Top each with chopped tomato, sliced black olives, and sliced green onions. Serve immediately.

NUTRITION FACTS

Calories: 210
Total Fat: 16g
Saturated Fat: 6g
Cholesterol: 20mg

Sodium: 290mg
Carbohydrates: 15g
Fiber: 2g
Sugar: 2g
Protein: 5g