



Sangria Slushies

INGREDIENTS

1 (750-ml) bottle Cabernet Sauvignon red wine
1 ½ cups Hy-Vee frozen unsweetened berry medley
¾ cup Hy-Vee granulated sugar
4 oz fresh lime juice
4 oz gin
Fresh strawberries, for garnish

PREPARATION

- 1** Pour red wine into ice cube trays. Freeze 4 hours or until frozen.
- 2** Transfer wine cubes to a blender and add frozen fruit, sugar, lime juice, and gin. Cover and blend until slushy.
- 3** Divide slushies among 8 (10-oz. each) wine glasses. Garnish with fresh strawberries, if desired. Serve immediately.

NUTRITION FACTS

Calories: 200

Carbohydrates: 26g

Fiber: 1g

Sugar: 22g