



Citrus Ceviche Salsa

20
minutes
or less

GF
option

V
option

INGREDIENTS

- 4 large pink and/or yellow grapefruits
- 2 large avocados seeded, peeled, and chopped
- ½ cup red onion, slivered
- ½ cup fresh cilantro, chopped
- ¼ cup fresh lime juice
- ½ fresh jalapeño, seeded and chopped

PREPARATION

- 1 Peel and section 4 large pink and/or yellow grapefruits, reserving juice. Combine with avocados, red onion, cilantro, fresh lime juice, and jalapeño pepper. Gently toss to combine (do not overmix).

NUTRITION FACTS

Calories: 140
Total Fat: 8g
Saturated Fat: 1g
Trans Fat: 0g
Cholesterol: 0mg

Sodium: 0mg
Carbohydrates: 19g
Fiber: 2g
Sugar: 13g
Protein: 2g