



Frozen Fruit Smoothie Dog Treats

INGREDIENTS

2 cups strawberries, hulled and halved

1 large banana, sliced

$\frac{3}{4}$ cup Hy-Vee plain Greek yogurt

$\frac{1}{4}$ cup Hy-Vee 1% low-fat milk

PREPARATION

- 1** Place strawberries in a blender. Add sliced banana, yogurt, and milk. Cover; blend until smooth.
- 2** Divide between 20 (3-oz.) paper cups set on a large rimmed baking pan. Freeze for 6 hours or until firm.
- 3** Remove frozen treats from paper cups and place in a resealable plastic freezer bag. Store in freezer up to 1 month.

NUTRITION FACTS

Calories: 20

Total Fat: 0g

Saturated Fat: 0g

Trans Fat: 0g

Cholesterol: 0mg

Sodium: 0mg

Carbohydrates: 3g

Fiber: 1g

Sugar: 2g

Protein: 1g