



Coconut-Berry Hydration Pops

GF
option

INGREDIENTS

2 cups Full Circle Market
coconut water
1 tbsp Hy-Vee honey
1 tbsp fresh lime juice
½ cup Hy-Vee Short Cuts
strawberries, sliced
½ cup fresh raspberries,
halved
½ cup fresh blackberries,
halved

PREPARATION

- 1** Whisk together coconut water, honey, and lime juice in a large bowl. Stir in sliced strawberries, raspberries, and black berries. Pour into 10 (3-oz. each) pop molds; cover and insert wooden craft sticks. Freeze 4 to 6 hours.
- 2** To serve, dip molds in warm water to loosen pops from molds. Serve immediately.