



Summer Watermelon Chicken Jar Salad

20
minutes
or less

GF
option

INGREDIENTS

- ¾ cup Hy-Vee peppercorn ranch salad dressing
- 6 cups Hy-Vee Homegrown watermelon, cut into 1-inch cubes
- 2 cups fresh blueberries
- ½ cup Soiree traditional feta crumbled cheese
- ½ cup red onion, sliced
- 1 ⅓ cups Hy-Vee Kitchen picked rotisserie chicken
- 1 (5-oz.) pkg. Full Circle Market organic baby spinach
- ¼ cup honey roasted shelled pistachios

PREPARATION

- 1** Pour salad dressing into 4 (1-quart each) canning jars. Layer with watermelon, blueberries, feta cheese, red onion, and rotisserie chicken.
- 2** Add spinach to jars; slightly press down to compact layers. Top with shelled pistachios. Place lids on jars. Refrigerate for up to 2 days.

NUTRITION FACTS

Calories: 440
Total Fat: 26g
Saturated Fat: 7g
Trans Fat: 0g
Cholesterol: 55mg

Sodium: 640mg
Carbohydrates: 36g
Fiber: 4g
Sugar: 25g
Protein: 19g