



# Peppermint Swirl Whipped Topping

**10**  
minutes  
or less

## INGREDIENTS

- 2 drop(s) peppermint extract
- 1 (8-oz.) container of Hy-Vee original whipped topping, thawed
- 5 drop(s) red food coloring gel
- Hy-Vee chocolate-flavored syrup, for garnish
- Hy-Vee starlight mint candies, for garnish

## PREPARATION

- 1** Add peppermint extract to whipped topping; gently stir to combine. Add food coloring gel 1 inch apart around the top inside of a large pastry bag fitted with a large star tip. Hold bag vertical for coloring to run down to form strips inside bag.
- 2** Carefully spoon whipped topping into the pastry bag. Pipe whipped topping in a circular motion on top of hot cocoa in mugs.
- 3** Garnish with chocolate syrup and mint candies, if desired.

## NUTRITION FACTS

Calories: 110  
Total Fat: 6g  
Saturated Fat: 6g  
Trans Fat: 0g  
Cholesterol: 0mg

Sodium: 0mg  
Carbohydrates: 8g  
Fiber: 0g  
Sugar: 4g  
Protein: 0g